

## Sunday Runs 2013

January	6th	Happy New Year (Bring a bottle)
	13th	Culross
	20th	Coronation Hut
February	27th	Dollar
	3rd	Queensferry
	10th	North Third
	17th	Saline
March	24th	Palacerigg Country Park
	3rd	Dunfermline Glen
	10th	Crow Road via Lennoxtown
	17th	Gartmorn Dam
	24th	Cramond
April	31st	Duke's Pass
	7th	Drumpellier Park
	14th	Sheriffmuir via Dunblane
	21st	Cleish Hills
May	28th	Fintry
	5th	Path o' Condie
	12th	50 in 5
	19th	Two Bridges
	26th	Loch Leven Circle
June	2nd	Braes o' Greenock
	9th	Castle Campbell
	16th	Clyde Valley
	23rd	Crow Road via Lennoxtown
	30th	Scotlandwell

## Sunday Runs 2013

July	7th	Loch Venachar
	14th	Crammond
	21st	Moondial, Gartmore
August	28th	Path o' Condie
	4th	Four Bridges
	11th	Drumloist/Bracklin Falls
	18th	Sheriffmuir via Glen Road
September	25th	130 in 12
	1st	Crow Road
	8th	Muthill
	15th	80 in 8
	22nd	Almondell
October	29th	Dunfermline Glen
	6th	Pots of Gartness
	13th	Tour of the Trossachs
	20th	Cleish Hills & Loch Glow
November	27th	Lake of Menteith
	3rd	South Queensferry
	10th	The Cringate
	17th	Palacerigg Country Park
December	24th	Culross
	1st	Carron Valley
	8th	Cairnpapple
	15th	Coronation Hut
	22nd	Christmas Lunch (TBA)
January	29th	Tak me Doon Road
	5th	Culross

## Meeting Places



The club meets every Friday from 8pm to 9:45pm at  
The Dawson Centre  
David's Loan  
Bainsford  
Falkirk



Sunday runs start at 9am from the beginning of March to the end of October and at 9:45am from the beginning of November to the end of February. Wednesday evening runs start at 6:45pm from the middle of April to the end of August. All runs leave from the pedestrian area to the north of Lint Riggs / Newmarket Street Junction and may be subject to alteration. Packed lunches should be taken in summer and café stops will be made in winter.